

## GASTRO **GREENS**™\*

Uniquely formulated with natural whole foods, herbs, and pure plant enzymes for a healthy balance of nutrients as found in nature in bio-available form allowing those nutrients to be absorbed.\*

A variety of vitamins, minerals, and other essential nutrients are required to feed your body at the cellular level. Lack of nutrition due to stressful lifestyle, poor eating habits, or food sensitivities can result in low energy, strength, and endurance. This pure plant product with all natural phyto-nutrient complexes is not a "mega dose" of any one nutrient but rather a healthy balance of nutrients as found in nature.\*

- Natural Nutrition. This whole food supplement has nutrients in bio-available forms for improved absorption. A dairy-free and soy-free vegetarian formula containing no fillers or binders and non-constipating, Gastro Greens™ is ideal for individuals who would prefer not to take synthetic vitaminmineral tablets.\*
- Dietary Support. In addition to broccoli, carrot, and spinach, this formula includes wheat germ which is one of the most nutrient-dense food sources available, making this formula the perfect choice for supplementing healthy nutrition for the whole family.\*
- Enzyme Blend. Includes the enzymes needed to assimilate these necessary nutrients into the cell.\*

## **Supplement Facts**

Serving Size 3 Capsules Servings Per Container 30

Amount Per Serving	% Daily Value	†
Vitamin C (as ascorbic acid)	15 mg 25%	†
Enzyme Proprietary Blend	145 mg	†
Lipase	338 FIP	
Cellulase	1,050 CU	
Amylase	2,070 DU	
Hemicellulase	2000 HCU	
Beta-glucanase	15 BG	
Phytase	15 U	
Pectinase	18 endo-PGU	
Protease	6,900 HUT	
Glucoamylase	4 AGU	
Broccoli (flowering head)	300 mg	†
Carrot (Daucus Carota)	300 mg	Ť
Spinach Leaf (Spinach Oleracea)		†
Rose Hips Fruit (Rosae Canina)		†
Acerola Cherry Fruit	150 mg	†
Barley Grass (Green) (Hordeum Vulgare)		†
Garlic Bulb Organic	150 mg	†
Green Pepper (fruit)	150 mg	t
Wheat Germ (Triticum Aestivum)	90 mg	†
Blue Green Algae		†
Chlorella Algae (Chlorella Spp)		†
Kelp	60 mg	†
Flax Seed (Linum Usitatissimum)	30 mg	†
† Daily Value not established † Base	d on a 2,000 calorie die	et

OTHER INGREDIENTS: VEGETABLE CELLULOSE (capsule), CELLULOSE & WATER

**Recommended Usage:** Take three (3) capsules once a day or as directed by health care practitioner.

NO FILLERS/NON-ALLERGENIC

## Distributed by

Dr. Liz Cruz 4110 N. 108th Ave, Ste. 105 Phoenix, AZ 85037

Phone: 623.772.6999 www.drlizcruz.com

## DEVOTED TO YOUR DIGESTIVE HEALTH\*