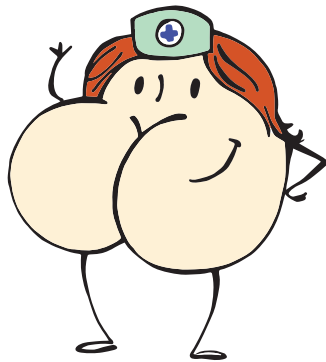
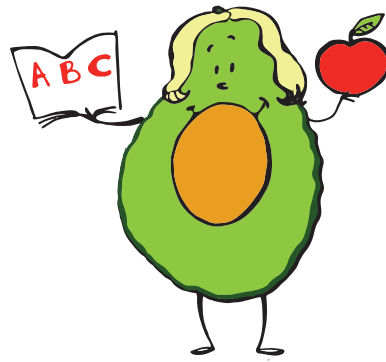




This is my Mom, Dr. Liz Cruz. She is a gastroenterologist which is a big word for doctor of the digestive system, but I like to call her Butt Doctor!



This is my Mom, Tina Nunziato. She is a Certified Holistic Nutritionist which is a long way of saying she teaches you to eat good food and keep your body clean.



For years, my Moms have been teaching people how to get their body well. They have a medical practice, an online radio show, many books and lots of ways for people to learn. Their love for helping people has rubbed off on me and now I am going to help you!