

PLEASANT PROBIOTICS™*

A comprehensive probiotic supplement designed to help promote gastrointestinal system health, assist with regularity, and support a healthy immune system.*

Beneficial bacteria often become imbalanced by poor diet choices and environmental lifestyle stressors. Issues can arise when opportunistic microorganisms feed on undigested food molecules, creating gas. Optimal flora, on the other hand, supports relief from occasional GI discomfort, reduces problems associated with lactose intolerance, and encourages healthy and timely elimination by acting as a natural stool softener.* These organisms enhance the ecological balance of friendly bacteria, benefiting digestion, elimination, and immune function by populating the gut with the “friendly” naturally occurring bacteria vital to our overall health.* Probiotics also support production of enzymes such as protease, lipase, and lactase, further encouraging more complete digestion.*

- **Probiotic Blend** includes six different probiotic sources totaling more than 5 billion colony forming units per capsule. Chosen for their safety and efficacy, the GI stable and heat stable microorganisms mirror the ratios found in a healthy GI tract.*
- **Jerusalem Artichoke** tuber is a prebiotic plant fiber that supplies nourishment for good bacteria.*
- **Inulin** is a water-soluble dietary fiber that works as a probiotic.*

Supplement Facts

Serving Size: 1 Capsule
Servings Per Container: 60

Amount Per Serving	% Daily Value ‡
Probiotic Blend	5.10 billion cfu †
Lactobacillus plantarum	3.06 billion cfu** †
Lactobacillus acidophilus	1.02 billion cfu** †
Lactobacillus sporogenes	380 million cfu** †
Lactobacillus salivarius	300 million cfu** †
Lactobacillus casei	225 million cfu** †
Bifidobacterium longum	200 million cfu** †
Jerusalem Artichoke tuber	50 mg †
Inulin	40 mg †

† Daily value not established. ‡ Based on a 2,000 calorie diet.

Recommended Usage: Take one (1) capsule upon rising and one (1) capsule at bedtime with at least 8 oz. of water or as directed by healthcare practitioner. Contents may be removed from capsule and taken by spoon immediately after mixing with a small amount of tepid water.

REFRIGERATE FOR OPTIMUM ACTIVITY

NO FILLERS/NON-ALLERGENIC

Distributed by

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DEVOTED TO YOUR DIGESTIVE HEALTH*